

# Majestic Beauty Spa PLLC

## Medical Weight Loss Informed Consent

### CLINICAL APPLICATION:

The HCG diet was developed for the treatment of obesity in conjunction with a low caloric (low carbohydrate/high protein/low fat) diet improved the breakdown of stored fat (lipolysis). Patients will be administered HCG, Lipoden, and B12 intramuscularly and will be monitored by the medical providers at Majestic Beauty Spa PLLC.

### CONTRAINDICATIONS and CAUTIONS:

Precocious puberty (sexual and physical body changes that happen earlier than normal), prostate cancer or other androgen-dependent cancers, prior allergic reaction to HCG. Ovarian hyperstimulation (a syndrome of sudden ovarian enlargement ascites and/or pleural effusion); Pre-existing enlarged ovarian cysts or rupture of ovarian cysts which result in hemoperitoneum; multiple births; atrial thromboembolism; cardiac disease (CHF, Valvular diseases); renal disease; epilepsy; migraine; Asthma; nursing mothers; electrolyte imbalances.

### POTENTIAL ADVERSE REACTIONS:

Increased fertility, headache, irritability, depression, fatigue, edema, precocious puberty, gynecomastia, injection site pain and/or bruising, electrolyte imbalances, dizziness, constipation, hypersensitivity reactions which include erythema, urticaria, rash angioedema, dyspnea and shortness of breath.

Phentermine is used with doctor-approved exercise, behavior change, and reduced calorie diet. Phentermine is prescribed for patients with BMI over 25. Phentermine is a controlled substance that is recommended for short term use. Phentermine has been shown to decrease your appetite and increase energy levels of your body by causing the brain to stimulate the adrenal glands.

Dosage: Take medication in am 1 hour before breakfast or 1-2 hours after breakfast or can take small dose up to 3 times a day. This medication can cause insomnia so is recommended to take in am. If taking capsule that is controlled release recommended to take 10-14 hours before bedtime.

Cautions: Medication is recommended to use for short periods due to possibly of withdrawal when stopping medication such as decreased energy, depression, addiction, uncontrolled high blood pressure, or irregular heart rate.

Side effects: Dizziness, dry mouth, insomnia, irritability, nausea, vomiting, diarrhea, or constipation, racing heart rate, high blood pressure, agitation, uncontrolled anger, hallucination, nervousness, uncontrolled muscle movements, change in sexual ability and or interest. Please contact Majestic Beauty Spa if having any side effects or questions with medication.

HCG and B12 combo injections use:

By signing below, I acknowledge that I have read and agree to the weight loss program described in this informed consent. I have disclosed my past and current medical history and I am fully aware of the potential risks and adverse reactions attributed with the use of HCG, Lipoden, B12, and phentermine. I was given the opportunity to ask questions and express any concerns. I agree that "before and after" photos will be taken and they will be the property of Majestic Beauty Spa PLLC, and may be used for advertising, print, and website. Your identity may be concealed if you wish.

Use photos? (Mark one) \_\_\_YES \_\_\_NO      Conceal identity? (Mark one) \_\_\_YES \_\_\_NO

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_