

Majestic Beauty Day Spa

Aftercare Instructions for Botox Injections

For your convenience, here are some general instructions that one needs to follow for Botox aftercare treatment:

Within the first hour of Botox treatment: Gently exercise the muscle areas that have received the Botox treatment by facial expressions: frowning, smiling, gently raising the eyebrows and squinting. It will assist the injection to spread in the relevant muscle.

Do not have facials or rub or massage the treatment area for the first 24 hours.

Within three hours of Botox treatment: Do not lie down, bend over, tie shoes, go bowling or perform any strenuous activities as the Botox might migrate to the elevating muscle of your upper eyelid causing a lid drop.

Within four hours of Botox treatment: Avoid Exposure to a sauna, hot tub or tanning.

Will there be bruising and swelling? Small red spots will be visible on the skin after injection and there can be minor bruising. These will fade after a few hours. It is crucial that you follow the specified Botox aftercare treatment as instructed by your cosmetic physician to ensure the optimal achievement of results.

Botox aftercare treatment for any side effects: Some patients might experience a mild headache after Botox. Avoid consuming alcohol, taking Aspirin, Ibuprofen or any anti-inflammatory within the first 24 hours as it may increase bruising.

Applying lightweight cold compresses to the treated area for a few minutes after treatment can also accelerate the healing process of any red spots or bruises.

Possible side effects: It is common to have a small area of redness at the Botox treatment site that lasts 2-3 hours. Less common side effects include: Bruising and/or swelling of the Botox treatment area. A dull and heavy sensation +/- occasional headache. Ptosis (droop of eyebrow or eyelid) is rare and may be treated with eye drops. Double vision is very rare.

If you have any questions or concern, please do not hesitate to call.

**Jamie Farnham RN | Majestic Beauty Spa PLLC | (623) 986-5790
MajesticBeautySpa.com**