

# Rohrer Aesthetics RejuVAnate Post-Treatment Protocol

## **Post-Treatment Internal**

- Vaginal rest for 1 week
- Panty-liner recommended
- No hot tubs, swimming for 1 week

## **Post-Treatment External (non RejuVAnate handpiece)**

- Vaginal rest for 1 week
- Panty-liner recommended
- Cold compresses needed for discomfort
- No hot tubs, swimming for 1 week
- No exercise 1 week
- Keep area moist with post treatment ointment of choice, such as coconut, olive, lanolin ointment